EÖM

HYMNS OF HARMONY

BY AJNNA

ON LOVE & JOY

Be happy, be grateful, be here, be free, be real, be you.
Recognize love and joy within day and night.
Recognize it inside the world and in midst of illusion. Brilliant! Now you can seize—the love and the joy—in the fire that brings light, in the fall of stars, in the cradle, the graveyard, and in the timbre of eternal being.
Everything has its purpose. Know that grace, and you witness the most majestic wonder of worlds.

ON EXPERIENCE

Above judgments lies experience. Strengthen the judgment, and you dilute the essence of experience. Focus on the experience itself, detach it from judgment, and you'll witness the diversity within the potential of all experiences. Be certain: The wisdom of experience lies close to truth. Thus, the verdict of judgment lies close to illusion.

ON ONENESS

If duality arises from unity, it's only because unity clarifies its being.
If unity arises from duality, it's only because duality recognizes itself.
So love the inner as you love the outer. Love yourself as you love others.

ON PEACE & EQUALITY

With the will to understand comes the realization of *I* and *we*.
With the realization of *I* and *we* comes the experience of equality.
With the experience of equality comes the power of peace.

ON MIND & BODY

From the ether flows substance.
This substance however, is neither mind nor flesh, neither life nor death, neither spatial nor temporal.
Yet nothing exists that doesn't express itself through being. Thus, substance manifests.
Therefore, it is both mind and flesh, life and death, spatial and temporal.

ON PSYCHIC ACTION & ACTIVITY

Look around you. Observe the ways of nature. Then look inside. Do you see? Even stillness is intense.
For being is vital power—an abundance and a radiance that creates and destroys, transforms and refines. Through focus on what is true, the wonders and forces emerge from the potential of your psyche and its active senses. Keep your will in the well-being of the inner and outer cosmos.

ON EQUANIMITY

The steady flow of breath recalls clarity, the natural force in the automatic motion of all-encompassing beauty and perfection. Hold your awareness in the sanctuary of reality. If all paths, all stories, and all energies ultimately return to bliss, then equanimity is the most fitting mood of all. By the power of truth, we have already won. Because behind the veil of all opposites, everything is complete—at the core of all aspects, everything remains perfect. And that happiness is both privilege and given. All serves the glorious order of the circle. It is as it is.

ON SCIENCE & RELIGION

Great love, clear knowledge, and countless signposts lie in the languages of faith and analysis.
In the teaching of science lies the teaching of spirit. In the teaching of spirit lies the teaching of science. Unite both and recognize the truth beyond either. If only the connection is real, then the connection is the truth. If both forms rest on worldly energies, then neither form is real. Thus, there is no link between two forms that do not exist. Only the vibration in the meaning of their sounds remains. For only the essence of their opposing languages is made from the bliss of reality.

ON THE PRESENT

The truth is simple. Here. In the expression of fullness and emptiness. What more? What less?
Only the flow of the whole in the paths of the moment. So be. In highest power. In finest love.

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